# Jared Edward Harden

Peer Support · Telecare Volunteer Candidate · Writer & Educator
Bellflower, CA | (562) 638-8432 | jharden79@gmail.com | musicallessness.com

## PROFILE

Writer and educator focused on recovery, dual diagnosis and personal growth, seeking volunteer or entry-level roles in telecare, peer support and health services — with a long-term goal of becoming a licensed physician.

## CORE SKILLS

- Curriculum and workbook writing on wellness and recovery
- Empathetic, plain-language communication
- Phone and online support readiness (telecare)
- Program and event organization
- Writing, documentation and record keeping
- Military-trained reliability (U.S. Navy Reserve)

## EXPERIENCE

**Founder, Jared's Online Projects Inc.** — Bellflower, CA
Independent creative and publishing company operating the Musicallessness and Nedrahej imprints.

- Wrote a four-book holistic wellness curriculum and recovery-focused workbooks and lecture outlines.
- Wrote *Absolute Zero*, an integrated text on philosophy, psychology, disability and religion.
- Developing Jared Edward Harden University (JEHU), a self-directed educational framework.

**U.S. Navy Reserve** — Reservist

- Training and readiness in a structured, team-based environment.

**Wholesale Influencer, Essanté Organics**

- Customer education and sales held to a strict no-health-claims standard.

## PUBLISHED WORKS

*Gravely Disabled: A Memoir*, *Music Is As Easy As Writing*, *Jared's Portfolio and Blogs Book*, *Denying Is Not Lying: Paradise Lost Return*, and *When the Bullied Becomes the Bully* — full catalog at my Amazon author page.

## PORTFOLIO & LINKS

Music journal: Musicallessness Journals | Art & photography: Jared Edward Harden Art | Main site: musicallessness.com | Books: Amazon author page

## CREDENTIALS

Welding license (apprentice/journeyman) · FAA student pilot certificate · U.S. Navy Reserve · Central Casting background performer

## REFERENCES

Available on request.